# West Virginia Federal Women's Program Lending Library

Please note: The following books are located in the NRCS State Office, on the bookshelf to your right as you enter the main office. Please feel free to check out a book (a blue notebook is on the shelf for your signature), request a book from Barbara Broxterman (304-284-7562), e-mail me at <a href="mailto:BarbaraBroxterman@wv.usda.gov">BarbaraBroxterman@wv.usda.gov</a> or write to Barbara Broxterman, High Street, Room 301, Morgantown, WV 26505, and I will send it to you with a return address stamped envelope.

#### Skills in the Workforce

- (new) Speaking To Excel; by James Amps III; copyright 2000 How to effectively communicate in person and on the podium.
- Genderflex Men & Women Speaking Each Other's Language at Work, by Judith C. Tingley, Ph.D Dr. Tingley shows how men and women tend to differ in what they talk about and how they talk about it. Learn adaptive communication to temporarily adopt the communication style of the "other" gender.
- Women Breaking Through: Overcoming the Final 10 Obstacles at Work, by Deborah J. Swiss

  Swiss offers career stories and workplace strategies of women taking control of their careers and creating change for themselves and for their organizations, not in a hostile, adversarial way but with strategies that benefit women, men and the bottom line.
- Women and Leadership, Edited by National Press Publications Essential Skills for Success in Today's Business
- <u>Dynamic Communication Skills for Women</u>, written by Carla Brown, edited by National Press Publications Techniques for Communicating Powerfully and Professionally
- <u>Personal Power</u> by Arleen LaBella and Dolores Leach
  The Guide to Power for Today's Working Woman
- What Makes the Difference by Jan Northup, Ph.D.
  Success Strategies for the "Promotable Woman"

## **Interesting Reads**

(new) The Quotable Woman; by Carol Turkington, copyright 2000

Words of wisdom from Mother Teresa, Katherine Hepburn, Edith Wharton, Oprah Winfrey,

Words of wisdom from Mother Teresa, Katherine Hepburn, Edith Wharton, Oprah Winfrey Virginia Woolf and more.

- <u>The Girl's Book of Wisdom</u>, Edited by Catherine Dee Empowering, inspirational quotes from over 400 fabulous females
- <u>Pauli Murray</u> the Autobiography

  The Autobiography of a Black Activist, Feminist, Lawyer, Priest, and Poet
- Why History Matters, a collection of essays written by Gerda Lerner, Robinson-Edwards Professor of History, *Emerita*, University of Wisconsin-Madison
- <u>Jubilee</u> by Margaret Walker; Walker tells the true story of her grandmother, an African-American Civil War heroine

## **Parenting Help Books**

#### 200 Ways to Raise a Girl's Self-Esteem by Will Glennon

An Indispensable Guide for Parents, Teachers & Other Concerned Caregivers

#### Cherishing Our Daughters, by Evelyn Bassoff, Ph.D.

How parents can raise girls to become confident women

#### Power & Promise by Tim Hinds Flinders with Carol Lee Flinders, Ph.D.

Helping Schoolgirls Hold onto their Dreams, A Gender Primer for Parents & Teachers

## Children's Books

#### The Paper Bag Princess, a story by Robert Munsch

The princess saves the kidnapped prince in this story with a humourous, spunky ending. A good read aloud book for pre-Kindergarten through 3<sup>rd</sup> grade

#### Amelia's Road by Linda Jacobs Altman, wonderfully illustrated by Enrique O. Sanchez

A story of how a girl in a migrant farm working family finds a favorite place

#### Journey Home, by Lawrence McKay, Jr.

An American girl and her mother journey to Vietnam to search for their family, where her mother had been left at an orphanage during the Vietnam War

#### **Adolescent's Books**

#### The House on Mango Street by Sandra Cisneros

"A coming-of-age classic" a novel of a young girl growing up in the Latino section of Chicago and her coming into her power, and inventing for herself what she will become.

#### Cool Careers for Girls with Animals by Ceel Pasternak & Linda Thornburg

Profiles of 10 women; Veterinarian, Zoologist, Wildlife Managers, Ostrich Farmer... plus Getting Started on Your own Career Path

## Cool Careers for Girls in Engineering by Ceel Pasternak & Linda Thornburg

Profiles of 11 women; Agricultural Engineer, Civil Engineer, Mechanical Engineer, Electrical Engineer, plus a section on Getting Started on Your Own Career Path

#### Cool Careers for Girls in Computers by Ceel Pasternak & Linda Thornburg

10 Profiles of women with careers in the computing world, plus a section on Getting Started on your own Career Path

### **Reference Books**

### (new) America's Daughters 400 Years of American Women; by Judith Head; copyright 1999

A brief history of American Women form the 1600's until today is illustrated with 150 photographs and period drawings.

### The Young Oxford History of Women in the United States

A series of 10 books plus a Biographical Supplement and Index

## Vol. 1 The Tried and the True by John Demos

Native American Women Confronting Colonization

- Vol. 2 <u>The Colonial Mosaic American Women 1600-1760</u> by Jane Kamensky Rising expectations from the colonial period to the American Revolution
- Vol. 3 <u>The Limits of Independence American Women 1760-1800</u> by Marylynn Salmon Women's lives during the American Revolution
- Vol. 4 <u>Breaking New Ground American Women 1800-1848</u> by Michael Goldberg From Suitors and Slavery to Suffrage and Seneca Falls
- Vol. 5 <u>An Unfinished Battle American Women 1848-1865</u> by Harriet Sigerman The battle for equal rights – from Seneca Falls to Civil War
- Vol. 6 <u>Laborers for Liberty American Women 1865-1890</u> by Harriet Sigerman Laying the groundwork for 20<sup>th</sup>-century feminism
- Vol. 7 New Paths to Power American Women 1890-1920 by Karen Manners Smith The Progressive Era: Marching toward freedom
- Vol. 8 <u>From Ballots to Breadlines American Women 1920-1940</u> by Sarah Janes Deutsch From the Roaring Twenties to the Great Depression
- Vol. 9 Pushing the Limits American Women 1940-1961 by Elaine Tyles May From Rosie the Riveter to the Baby Boom and beyond
- Vol. 10 The Road to Equality American Women Since 1962 by William H. Chafe An ERA of liberation
- <u>Biographical Supplement and Index</u> by Harriet Sigerman

  Biographies of women who appear in volumes 1 through 10 of The Young Oxford

  History of Women in the Unites States.

## DVD's/Audio CD's

- (new) DVD-Women's Rights: Justice Talking interview from NPR; copyright 2003
  Includes various discussions on Gender Wars at Center Court: Discrimination in College Athletics, Golf and Gender Discrimination, Single Sex Ed: Can Separate be Equal?
- (new) DVD-A Fine and Long Tradition: NWHP Video Production; copyright 1996

  A music video written and sung by Marcy Telles with background pictures of women and events in women's history, approximately 10 minutes long.
- (new) DVD- Iron Jawed Angel: Winner of the the 2004 Sundance Festival.

  Directed by Kastja von Garnier, this docudrama, tells the inspiring true story behind the women's rights movement in America and Alice Paul's and other women who eventually helped to change the tide of history forever. Co-starring Angelica Huston, Frances O'Conner, Julia Ormond and Molly Parker.
- <u>Leadership & Supervisory Skills for Women</u> by National Seminars Group

  6 Audio Tapes and Companion Workbook. How to build your effectiveness, impact and achievement as a woman manager or supervisor